

MAYVILLE SUMMERFEST

5K FUN RUN/WALK

PLUS

SENIOR ROUTE

SATURDAY JUNE 26, 2010

REGISTRATION 7:15AM*** START TIME 8:00AM

REGISTRATION \$20 –REGISTRATION BY JUNE 4TH GUARANTEES T-SHIRT.

RACE DAY REGISTRATION \$25 AND NO T-SHIRT

REGISTRATION FORMS AVAILABLE AT MERITCARE MAYVILLE UNION HOSPITAL ,

VARIOUS BUSINESSES AROUND YOUR TOWN

OR DOWNLOAD AT WWW.MAYVILLEPORTLAND.COM AND MAIL IN

OR DOWNLOAD AT WWW.MERITCARE.COM/MAYVILLE WEBSITE AND MAIL IN

RACE STARTS AND ENDS AT CARDIAC REHAB/MOVE4LIFE DEPARTMENT

ALL PROCEEDS TOWARDS

CARDIAC REHAB/MOVE4LIFE PROGRAM

MERITCARE MAYVILLE UNION HOSPITAL

SPONSORING HEART HEALTHY TREATS FOLLOWING THE EVENT

MEDALS AWARDED TO

5K: TOP MALE & FEMALE: 19 AND UNDER, 20-39, 40-59, 60 AND OVER

SENIOR ROUTE: TOP MALE AND FEMALE

DRAWINGS FOR DOOR PRIZES

CHECK OUT OTHER SUMMERFEST ACTIVITIES FOR JUNE 24, 25, AND 26, 2010

RETURN REGISTRATION TO

KATHY BALDOCK

MERITCARE MAYVILLE UNION HOSPITAL

42 6TH AVE. SE

MAYVILLE, ND 58257

788-4435 OR 786-3885 FOR QUESTIONS

